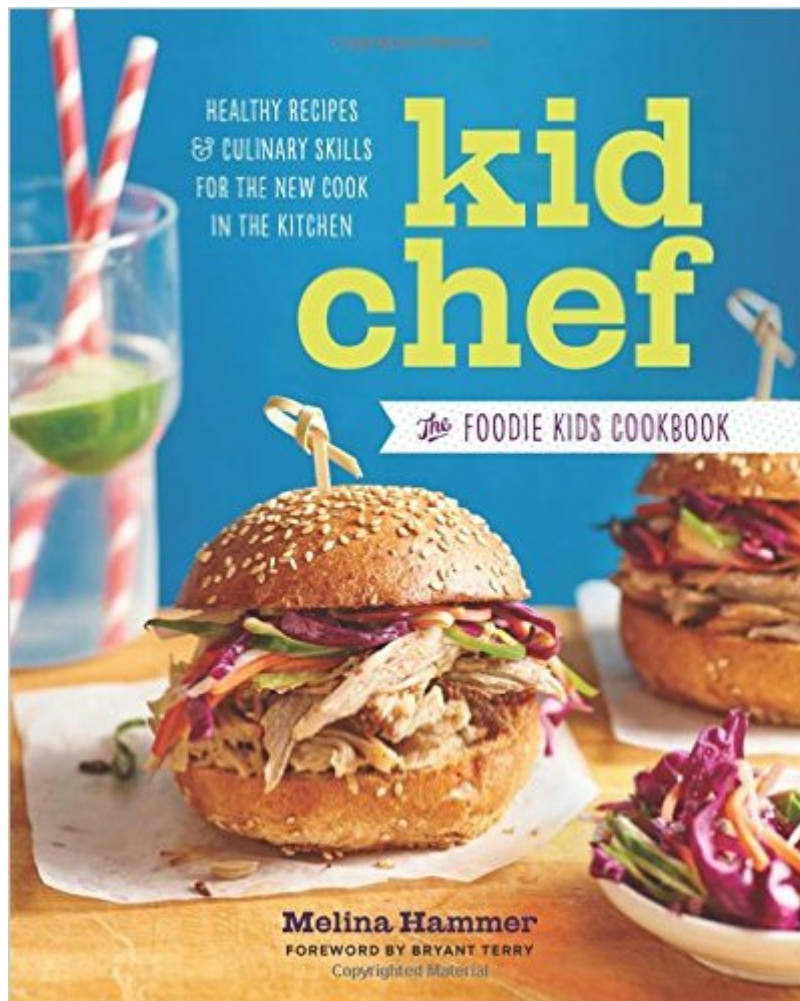


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# Kid Chef: The Foodie Kids Cookbook: Healthy Recipes And Culinary Skills For The New Cook In The Kitchen



## Synopsis

Finally, A Cookbook for Kids Who Seriously Love To Cook Aspiring young chefs will love the fun, easy-to-follow instructions in this kidsâ™ cookbook thatâ™s part cooking school and part cookbook. First, kid chefs enroll in culinary school and learn the skills theyâ™ll need to excel in the kitchen, from sharpening their knife skills to prepping ingredients. Then theyâ™ll be ready to set up shop and cook a range of deliciousâ•and nutritiousâ• recipes that are sure to please parents, too. Packed with beautiful full-color photography and cooking fun facts, Kid Chef trains young chefs to whip up delicious dishes like a pro, with: 75+ HEALTHY RECIPES: From small bites to impress-your-family meals like Potato-Gruyère Tart to simpleâ•and totally temptingâ• desserts like Chocolate-Cherry Bark KITCHEN BASICS: Kids learn how to stock their pantry, create a grocery list, handle a knife safely and effectively, and safely use the stove RECIPE TUTORIALS: Easy-to-follow recipe tutorials help kids put the basics they learn into actionâ•from making garlic bread, salsa fresca, and more! Whether youâ™re cooking with kids or empowering your child to cook family meals on their own, Kid Chef will give them the tools they need to succeed in the kitchen.

## Book Information

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Average Customer Review: 4.5 out of 5 starsÂ• See all reviewsÂ• (134 customer reviews)

Best Sellers Rank: #7,357 in Books (See Top 100 in Books) #10 inÂ• Books > Children's Books > Children's Cookbooks #48 inÂ• Books > Cookbooks, Food & Wine > Cooking Methods > Quick & Easy #196 inÂ• Books > Cookbooks, Food & Wine > Special Diet

## Customer Reviews

I almost did not accept the offer to review this book, because my two youngest children are 19 (and presumably not the target audience for a cookbook for kids). Honestly, though, after reading through the book, I think the title is misleading. If this is indeed intended as a book for kids, I think it may have missed the mark. Directions: Range from almost pedantic ("Always wash your hands") to

assuming a level of prior knowledge and skill that is probably beyond most. While there are some illustrations and photos, I think more would be helpful to support the skills and techniques being taught. Recipes: Many of the recipes seem to cater to a fairly sophisticated palate. (Potato-Gruyère Tart? Minty Avocado-Melon Mix? Most kids I know would be suspicious of the names alone.) It's an interesting assortment of healthy and delicious-sounding recipes, but I just don't know that it "works" for the intended audience. Ingredients: Haricots verts? Niçoise? Anchovies? Mine wouldn't be able to pick those out of a line-up. Some recipes call for specialty items (cheeses, vegetables, spices, fresh herbs) that one would not typically have on hand (and may not be readily available at some markets). Tools: I have a very well-stocked kitchen, but would have to specially purchase some of the tools needed for these recipes (such as a citrus reamer, zester, mortar and pestle, and melon baller). I suspect most typical household kitchens lack at least some of these items. The recipes also require several types of cookware and bakeware, an assortment probably not available in most homes.

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